



Dr. Karl R.O.S. Johnson, DC, DNMSc, BCIM

Author of: *"Reclaim Your Life: Your Guide To Revealing Your Body's Life Changing Secrets For Renewed Health"* available on Amazon at <http://amzn.to/TmPgZW>. Dr. Johnson is also the author of the eBooks: *"The Ultimate Strategy for Ending Your Thyroid Symptoms so YOU Can Increase the Zest in Your Life"*, *"The Ultimate Strategy for Ending Your Vertigo, Dizziness AND Brain Fog"*, *"The Ultimate Strategy for Ending Your Fibromyalgia and Chronic Pain"*, and *"The Ultimate Strategy for Ending Migraines AND Other Debilitating Headaches"*.

www.JohnsonHealthandWellness.com - www.DrKarlJohnson.com - www.ReadReclaimYourLife.com

ADD/ADHD/ASPERGER'S/PDD-NOS CHILD CLIENT APPLICATION

Welcome to Johnson Health & Wellness Center!

We specialize in helping clients achieve their highest level of health through our natural health care support programs.

This application is extensive because we are committed to being thorough with your care. The questions we ask provide important information that will help us determine whether or not we can help you. You deserve the best, so please give us yours when you answer these questions.

Please remember to sign the last page indicating you have thoroughly completed this application and **return this application and any lab and diagnostic test results you've had (in the last 6-12 months) at least two business days prior** to your scheduled appointment. This must be accomplished before your consultation. Please feel free to call us if you need assistance.

Thank you, we look forward to serving you.

Notice: Dr. Karl R.O.S. Johnson is state licensed by the chiropractic board in Michigan to provide conventional chiropractic health care services and is also certified by the International Association of NeuroMetabolic Professionals to provide natural health services and therapies. The services provided to clients are intended to improve the adaptive physiology of the client through nutritional, exercise, lifestyle and physiological education, information, recommendations, and training. Conventional chiropractic and neurometabolic services are complete separate services and each is provided in strict compliance with the rules and regulations set forth by the separate agencies. If you wish to receive natural health services you must first sign a Client Services Agreement.

Autism Spectrum Disorder / ADD / ADHD / Dyslexia / PPD-NOS

Confidential Client Intake Form

If you require more space for any of these answers, please attach additional information.

Please complete this application in pen or electronic format.

Date: ____/____/____ Email address: _____

Client Full Name: _____

Name of Parent or Guardian: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone #: _____ Cell #: _____

Last four Social Security Numbers: _____ Client's Birth Date: ____/____/____

How did you hear about our office? _____

List Chiropractors you have seen before:

1. Name: _____

Condition/When: _____

2. Name: _____

Condition/When: _____

List Medical Doctors consulted within the past year:

1. Name: _____ Address: _____

When: _____ Reason for visit? _____

2. Name: _____ Address: _____

When: _____ Reason for visit? _____

Current Medications	What condition are you taking this for?	Dosage
1.		
2.		
3.		
4.		
5.		

List your child's health challenge according to severity (ADD, ADHD, ETC.)	Date parent 1st noticed symptom	Date Diagnosed	Is disorder getting better or worse?
1.			
2.			
3.			

1. Please rate the following health challenges on a 0-10 scale* (0 = not at all, 10 = Worst you can imagine)

___Anxiety	___Learning Disorder	___Poor Concentration
___Depression	___Unable to Focus	___Obsessive Behavior
___ADD /ADHD	___Memory Problems	___Insomnia (getting to sleep)
___Fatigue	___Headaches	___Insomnia (staying asleep)
___Mood Swings	___Ringing in Ears	___Difficulty Moving Body Parts

*What behavior do you desire the most to be extinguished? _____

2. Have any other family member been diagnosed with Autism Spectrum Disorders, ADD, ADHD or Dyslexia? YES ___ / NO ___ If yes, please list relationship: _____

3. Have any other family members been diagnosed with an autoimmune disease (Rheumatoid Arthritis, Lupus, Scleroderma, MS, Thyroid Disease, Autoimmune Diabetes, other)? YES ___ / NO ___ If yes, please list relationship: _____

4. Is there a family history of (if so, who)?

a. Any psychiatric conditions? _____

b. Any Autism Spectrum conditions? _____

c. Any diagnosed autoimmune conditions? _____

d. Any known genetic conditions? _____

5. Mom's pre-pregnant health?

a. Miscarriages? _____

b. Fertility Treatments? _____

c. Health of other children? _____

d. Physical Abuse? _____

e. Major Illnesses? _____

f. Known Autoimmune Conditions (Rheumatoid Arthritis, Lupus, MS, Hashimoto's)? _____

g. Toxin Exposure:

Molds ___Y ___N

Pesticides ___Y ___N

Dental Work ___Y ___N

h. Known Infections _____ Yeast _____ Bacterial _____ Parasite

i. Did Mom (While Pregnant)

Drink Alcohol ___Y ___N

Drink Coffee ___Y ___N

Smoke Tobacco ___Y ___N

Take Progesterone ___Y ___N

Take Antibiotics ___Y ___N

Take other Drugs ____Y ____N
 Have viral infection ____Y ____N
 Have bleeding ____Y ____N
 Group B strep infection ____Y ____N
 Excessive vomiting, nausea (more than 3 weeks) ____Y ____N
 Was Mom overweight ____Y ____N _____lbs
 Has Mom been tested for gene SNP's _____

6. Birth

- During the child's delivery, were forceps or suction used? _____
 - Was birth by C-section? _____
 - Was labor induced? _____
 - Did Mother have an epidural? _____
 - What was child's APGAR score _____ at one minute / _____ at 5 minutes
- Comments about birth _____

7. Infancy

- Was child exposed to mold? _____
- Was the child exposed to pesticides? _____
- Was the house painted, either inside or outside? _____

8. Motor development

- At what age did your child do the following?

Sit up _____	Crawl _____	Stand Up _____	Walk Alone _____	Potty-Trained _____
Dry at Night _____	First words _____	Speak Clearly _____	Lost Language _____	Lost Eye contact _____

- Did your child display any cute behaviors when learning to crawl or walk? (for ex: dragging one leg, or crawling on all fours with rear end up in the air) _____
- How long did mother breast feed? Months ____/ Never ____
- How long was the child bottle-fed? _____
- Was formula soy based? _____ Casein (milk) based? _____
- Did baby have any reactions to the formula? If so, describe _____
- What age was cow's milk introduced? _____
- At what age was rice introduced? _____
- At what age were wheat and/or other grains introduced? _____

9. Early Childhood

- a. Number of earaches in first two years _____
- b. Number of times you had antibiotics in the first two years _____
- c. Number of courses of prophylactic antibiotics in the first two years _____
- d. First antibiotic at? _____
- e. First illness at? _____
- f. Has your child been vaccinated? _____

If vaccinated, did your child have any of the following after the vaccines?

Diarrhea _____ Crying _____ Swelling at injection site? _____ Seizure _____

Fever _____ Irritable _____ Other _____

Name of all infections during first two years of life	Age of onset
1.	
2.	
3.	
4.	
5.	

10. Current Diet

- a. Does your child refuse to eat particular textures, temperatures, or certain kinds of food?

Describe: _____

- b. Does your child eat a lot of or crave a lot of any of the following?

Sweets (cookies, candy, sugar)? _____

Dairy products (milk, cheese, ice cream) _____

Sweet drinks (Gatorade, Powerade, Capri Sun, Sunny-D, Soda, Fruit Juices) _____

Salty Foods _____

- c. Does your child eat only 2-4 kinds of food daily? _____

11. Gastrointestinal Issues

Does your child suffer from any of the following?

- a. Constipation _____

- b. Diarrhea _____

- c. Bloating _____

- d. Dark circles under the eyes _____

- e. Do the child's behaviors/ symptoms get worse in the following weather?

Damp _____ Hot _____ Misty _____ Moldy _____ Musty _____

- f. Does the child wake up at night laughing or giggling _____

- g. Does the child put pressure on stomach (w/ hands or by laying over couch arms etc.) ____Y ____N

What have you noticed improves/reduces your child's symptoms? _____

What have you observed aggravates/increases your child's symptoms? _____

Is there any other information you feel may be helpful for the doctor to know? _____

Signature of person that completed this paperwork: _____

A Note from Dr. Johnson...

Parents harbor a special vision for their child's everyday moments.

- An attentive child listening to the teacher and excelling in the classroom.
- A grinning face as their little one hands over a report card filled with high marks and glowing feedback.
- An engaged athlete, focused on winning the game and supporting their teammates.
- A introspective artist creating their next masterpiece.

These visions are easily disrupted by ADD and ADHD. The ability for their loved one to focus, learn, be present and engaged is hindered by the brain. And the solution that most western doctors provide is a lifetime of medication, something many parents are hesitant to do.

At Johnson Health & Wellness Center, we use a combination of Clear Mind neurofeedback exercises and Interactive Metronome exercises to "retrain the brain" and functional medicine practices combined with dietary modification and food sensitivity reduction/elimination to help your child regain the confidence and focus they need.

Our greatest reward is hearing parents talk about receiving their first positive report from their child's teacher—and then hearing the child declare they are "smart in school now."

Nothing warms our hearts more than to see a conflicted and distracted child make a complete transformation and embrace a life they thought would never be possible— a life filled with focus, achievement, confidence and a joy for learning.

...Please continue filling out the application in the pages that follow



CONTINUED NARRATIVE OF CHIEF COMPLAINT

Please provide a detailed description of events in chronological order (please include dates) immediately preceding the development of your condition and through today. Additionally, you may use this space to provide additional information you feel will help us assess your case.

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Continue on next page if additional room is needed

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

(Additional Info ☐ Attached ☐ On Back)

LIFE IMPACT ASSESSMENT

As you answer the following questions, please do not minimize any impact on your child's health challenge on you and your family's life no matter how small it appears. We consider any loss of ability or function which affects you or your child's daily life as significant. **Please check as many that apply; add additional comments in the margin or on the back as needed.**

How have others been affected by your child's health condition? ☐ No one is affected ☐ Haven't noticed any problem
☐ They tell me to do something ☐ People avoid my child ☐ Other: _____

What are you afraid this might be (or is beginning) to affect (or will affect) in any way?
☐ Energy ☐ Child's mood / attitude ☐ Stress ☐ Job ☐ Child's self-esteem ☐ Future ability ☐ Marriage
☐ Any relationships (frequency visiting, quality, etc.) ☐ Your self-esteem ☐ Sleep ☐ Time
☐ Finances ☐ Freedom ☐ Other: _____

Are there health conditions you are afraid this might turn into? ☐ Family health problems
☐ Allergies ☐ Asthma ☐ Anxiety ☐ Autism ☐ Depression
☐ More serious neurological disorder ☐ Other: _____

How has your child's health condition affected your job, relationships, finances, family, or other activities?
Please give examples: _____

What has that cost you? (time, money, happiness, freedom, sleep, promotion, etc.) **Try to give 3 examples:**

What are you most concerned with regarding your child's problem? _____

Where do you picture your child being in the next 1-3 years if this problem is not taken care of?

What would be different/better without this problem? Please be specific _____

What do you desire most to get from working with us? _____

If you could achieve your desire, what is that worth to you? _____

ASSESSMENT & TREATMENT GOALS

In spite of the fact that you are not a specialist, what, in your opinion, do you think the real problem is?

Would you consider this problem **(check one)**?

- ☐ MINIMAL (Annoying but causing NO limitations)
- ☐ SLIGHT (Tolerable but causing a little limitation)
- ☐ MODERATE (Sometimes tolerable but causing limitations)
- ☐ SEVERE (Causing significant limitations and/or concern)
- ☐ EXTREME (Causing near constant (Limits you > 80% of the time)

Which best describes your goals for your child's health:

- ☐ Symptom Relief Only (not interested in correction of the problem).
- ☐ Would like to find the cause of this problem and have it improved or corrected.

How strong is your desire to correct this problem ☐ Mild ☐ Moderate ☐ High ☐ Extremely High

- ☐ Wellness / Preventative care – I just want my child to stay well and be at optimal health

How supportive is your Spouse/Family/Significant Other to you seeking care for your child? (Be very specific)

Are you able to handle a complete investigation and management of your child's case? _____

What is YOUR idea of an ideal doctor? _____

There may be services that your insurance company does not cover. If this is the case, we have many reasonable and affordable payment options. If you have a problem that we can help, would you be willing to pay out of pocket for your child to get better? ☐ Yes ☐ No

Based on your child's consultation, history and exam findings, your child may require additional tests that require payment at time of service. If this is required, you will be informed in advance.

Method of payment for any additional uncovered services today: ☐ Cash ☐ Check ☐ Credit Card

I, _____ **(Please Print Full Name of Parent or Guardian)**, have thoroughly completed this application and all supportive documents, answering every question to the best of my ability. Additionally, I have read and reviewed all supportive information that has been included with my child's application – this may include written or recorded material. If I do not have the means to review the material, I have contacted Johnson Health & Wellness Center to arrange for additional support. I understand that failure to complete this application fully and review the enclosed material may mean the doctor will not be able to conduct the consultation and evaluation of my child. I will also bring any labs, images or reports which have been requested in this application. I give this office permission to communicate with me via mail, telephone and email.

Signature: _____ Date: _____

Please Note:

**In the following
paperwork you may
notice there are repeat
questions.**

**Please answer all of the
questions as there are
different forms and
paperwork that will be
assessed differently.**

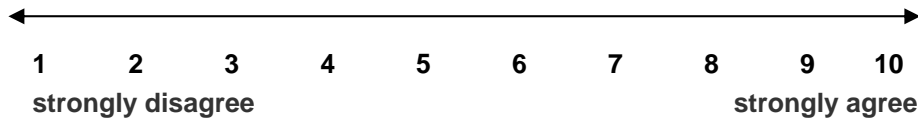
Thank you!

Pre IM Survey

Please complete the following survey, which will help identify and quantify areas of your daily performance, which **may be improved by IM**. Answers will be kept confidential.

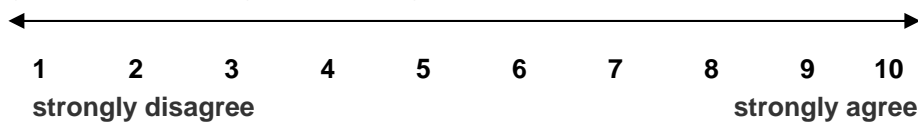
A. Memory recall

I have a good memory. (e.g. I remember lists of items to buy and information I hear.)



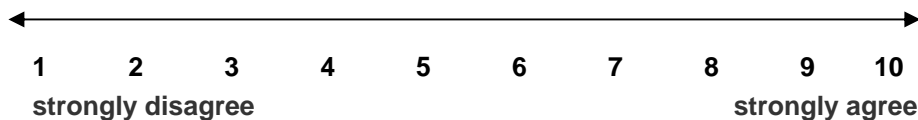
B. Organizational skills

I am generally well organized. (e.g. I keep items in order and consistently in their place.)



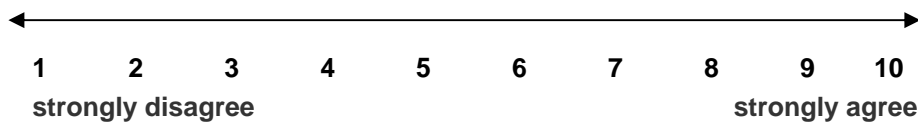
C. Concentration/Focus

I have good concentration skills. (e.g. I can read or work without being easily distracted.)



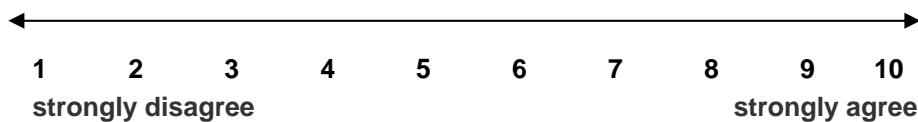
D. Multi-tasking

I can manage multiple tasks at one time. (e.g. I can converse while also writing.)



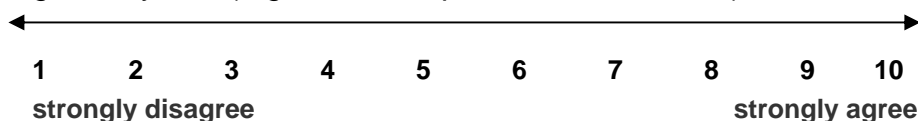
E. Coping skills

I have good coping skills. (e.g. I do not become frustrated easily or overreact to issues.)



F. Rhythm/Timing

I have good rhythm. (e.g. I can “keep the beat” to music.)



Hemispheric Imbalance Questionnaire – Please check all that apply. You will total at the end.

A

- ☐ Clumsiness and an odd posture
- ☐ Poor coordination
- ☐ Not athletically inclined and has no interest in popular childhood participation sports
- ☐ Low muscle tone – muscles seem kind of floppy
- ☐ Poor gross motor skills, such as difficulty learning to ride a bike and/or runs and/or walks oddly
- ☐ Repetitive/stereotyped motor mannerisms (spins in circles, flaps arms)
- ☐ Fidgets excessively
- ☐ Poor eye contact
- ☐ Walks or walked on toes when younger
- ☐ Poor spatial orientation – bumps into things often
- ☐ Sensitivity to sound
- ☐ Confusion when asked to point to different body parts
- ☐ Poor sense of balance
- ☐ High threshold for pain – doesn't cry when gets a cut
- ☐ Likes to spin, go on rides, swing, etc. – anything with motion
- ☐ Touches things compulsively
- ☐ A girl uninterested in makeup or jewelry
- ☐ Does not like the feel of clothing on arms or legs; pulls off clothes

B

- ☐ Fine motor problems (poor or slow handwriting)
- ☐ Difficulty with fine motor skills, such as buttoning a shirt
- ☐ Tends to write very large for age or grade level
- ☐ Stumbles over words when fatigued
- ☐ Exhibited delay in crawling, standing, and/or walking
- ☐ Loves sports and is good at them
- ☐ Good muscle tone
- ☐ Poor drawing skills
- ☐ Difficulty learning to play music
- ☐ Likes to fix things with the hands and is interested in anything mechanical
- ☐ Difficulty planning and coordinating body movements
- ☐ Doesn't seem to have many sensory issues or problems, such as a sensitivity to sound
- ☐ Has good spatial awareness
- ☐ Has good sense of balance
- ☐ Eats just about anything
- ☐ Has a normal to above-average sense of taste and smell
- ☐ Likes to be hugged and held
- ☐ Does not have any oddities concerning clothing
- ☐ Has auditory processing problems

Hemispheric Imbalance Questionnaire – Please check all that apply. You will total at the end.

A

- ☐ Doesn't like being touched and doesn't like to touch things
- ☐ Incessantly smells everything
- ☐ Prefers bland foods
- ☐ Does not notice strong smells, such as burning wood, popcorn, or cookies baking in the oven
- ☐ Avoids food because of the way it looks
- ☐ Hates having to eat and is not even interested in sweets
- ☐ Extremely picky eater
- ☐ Spontaneously cries and/or laughs and has sudden outbursts of anger or fear
- ☐ Worries a lot and has several phobias
- ☐ Holds on to past "hurts"
- ☐ Has sudden emotional outbursts that appear over-reactive and inappropriate to the situation
- ☐ Experiences panic and/or anxiety attacks
- ☐ Sometimes displays dark or violent thoughts
- ☐ Face lacks expression; doesn't exhibit much body language
- ☐ Too uptight; cannot seem to loosen up
- ☐ Lacks empathy and feelings for others
- ☐ Lacks emotional reciprocity
- ☐ Often seems fearless and is a risk taker
- ☐ Logical thinker
- ☐ Often misses the gist of a story
- ☐ Didn't look at self in mirror as a toddler

B

- ☐ Seems not to hear well, although hearing tests normal
- ☐ Delay in speaking was attributed to ear infections
- ☐ Gets motion sickness and has other motion sickness issues
- ☐ Is not undersensitive or over sensitive to pain
- ☐ Overly happy and affectionate; loves to hug and kiss
- ☐ Frequently moody and irritable
- ☐ Loves doing new or different things but gets bored easily
- ☐ Lacks motivation
- ☐ Withdrawn and shy
- ☐ Excessively cautious, pessimistic, or negative
- ☐ Doesn't seem to get any pleasure out of life
- ☐ Socially withdrawn
- ☐ Cries easily; feelings get hurt easily
- ☐ Seems to be in touch with own feelings
- ☐ Empathetic to other people's feelings; reads people's emotions well
- ☐ Gets embarrassed easily
- ☐ Very sensitive to what others think about him or her
- ☐ Procrastinates
- ☐ Is extremely shy, especially around strangers

Hemispheric Imbalance Questionnaire – Please check all that apply. You will total at the end.

A

- ☐ Gets stuck in set behavior; can't let it go
- ☐ Lacks social tact and/or is antisocial and/or socially isolated
- ☐ Poor time management; is always late
- ☐ Disorganized
- ☐ Has a problem paying attention
- ☐ Is hyperactive and/or impulsive
- ☐ Has obsessive thoughts or behaviors
- ☐ Argues all the time and is generally uncooperative
- ☐ Exhibits signs of an eating disorder
- ☐ Failed to thrive as an infant
- ☐ Mimics sounds or words repeatedly without really understanding the meaning
- ☐ Appears bored, aloof, and abrupt
- ☐ Considered strange by other children
- ☐ Inability to form friendships
- ☐ Has difficulty sharing enjoyment, interests, or achievements with other people
- ☐ Inappropriately giddy or silly
- ☐ Acts inappropriately in social situations
- ☐ Talks incessantly and asks the same question repetitively
- ☐ Has no or little joint attention, such as the need to point to an object to get your attention
- ☐ Poor math reasoning (word problems, geometry, algebra)

B

- ☐ Is very good at nonverbal communication
- ☐ Is well liked by other children and teachers
- ☐ Does not have any behavioral problems in school
- ☐ Understands social rules
- ☐ Has poor self esteem
- ☐ Hates doing homework
- ☐ Is very good at social interaction
- ☐ Makes good eye contact
- ☐ Likes to be around people and enjoys social activities, such as going to parties
- ☐ Doesn't like to go to sleepovers
- ☐ Is not good at following routines
- ☐ Can't follow multiple-step directions
- ☐ Is in touch with own feelings
- ☐ Jumps to conclusions
- ☐ Very good at big picture skills
- ☐ Is an intuitive thinker and is led by feelings
- ☐ Good at abstract "free" association
- ☐ Has a bedwetting problem
- ☐ Has or had an irregular heartbeat, such as an arrhythmia or a heart murmur
- ☐ Poor analytical skills
- ☐ Very visual; loves images and patterns

Hemispheric Imbalance Questionnaire – Please check all that apply. You will total at the end.

A

- ☐ Poor reading comprehension and pragmatic skills
- ☐ Misses the big picture
- ☐ Very analytical
- ☐ Likes “slapstick” or obvious physical humor
- ☐ Is very good at finding mistakes (spelling)
- ☐ Takes everything literally
- ☐ Doesn’t always reach a conclusion when speaking
- ☐ Started speaking early
- ☐ Has tested for a high IQ, but scores run the whole spectrum; or IQ is above normal in verbal ability and below average in performance abilities
- ☐ Was an early word reader
- ☐ Is interested in unusual topics
- ☐ Learns in a rote (memorizing) manner
- ☐ Learns extraordinary amounts of specific facts about a subject
- ☐ Is impatient
- ☐ Speaks in a monotone; has little inflection
- ☐ Is a poor nonverbal communicator
- ☐ Doesn’t like loud noises (like fireworks)
- ☐ Speaks out loud regarding what he or she is thinking
- ☐ Talks “in your face” – is a space invader

B

- ☐ Constantly questions why you’re doing something or why rules exist
- ☐ Has poor sense of time
- ☐ Enjoys touching and feeling actual objects
- ☐ Has trouble prioritizing
- ☐ Is unlikely to read instructions before trying something new
- ☐ Is naturally creative, but needs to work hard to develop full potential
- ☐ Would rather do things instead of observe
- ☐ Uses good voice inflection when speaking
- ☐ Misreads or omits common small words
- ☐ Has difficulty saying long words
- ☐ Reads very slowly and laboriously
- ☐ Had difficulty naming colors, objects, and letters as a toddler
- ☐ Needs to hear or see concepts many times to learn them
- ☐ Has shown a downward trend in achievement test scores or school performance
- ☐ Schoolwork is inconsistent
- ☐ Was a late talker
- ☐ No allergies
- ☐ Has difficulty pronouncing words (poor with phonics)
- ☐ Had difficulty learning the alphabet, nursery rhymes, or songs when young

Hemispheric Imbalance Questionnaire – Please check all that apply. You will total at the end.

A

- ☐ Good reader but does not enjoy reading
- ☐ Analytical; led by logic
- ☐ Follows rules without questioning them
- ☐ Good at keeping track of time
- ☐ Easily memorizes spelling and mathematical formulas
- ☐ Enjoys observing rather than participating
- ☐ Would rather read an instructions manual before trying something new
- ☐ Math was often the first academic subject that became a problem
- ☐ Has lots of allergies
- ☐ Rarely gets colds and infections Has had or has eczema or asthma
- ☐ Skin has little white bumps, especially on the backs of the arms
- ☐ Displays erratic behavior – good one day, bad the next
- ☐ Craves certain foods, especially dairy and wheat products
- ☐ Problems with bowels, such as constipation and diarrhea
- ☐ Has a rapid heart rate and/or high blood pressure for age
- ☐ Appears bloated, especially after meals, and often complains of stomach pains
- ☐ Has body odor /Sweats a lot
- ☐ Hands are always moist and clammy
- ☐ Always the last to get a joke

B

- ☐ Acts before thinking and makes careless mistakes
- ☐ Daydreams a lot
- ☐ Has difficulty sequencing events in the proper order
- ☐ Often writes letters backward
- ☐ Is poor at basic math skills
- ☐ Has poor memorization skills
- ☐ Has poor academic ability
- ☐ Has an IQ lower than expected and verbal scores are lower than nonverbal scores
- ☐ Performs poorly on verbal tests
- ☐ Needs to be told to do something several times before acting on it
- ☐ Stutters or stuttered when younger
- ☐ Is a poor speller
- ☐ Doesn't read directions well
- ☐ Gets chronic ear infections
- ☐ Prone to benign tumors or cysts
- ☐ Has taken antibiotics more than 10 to 15 times before the age of ten
- ☐ Has had tubes put in the ears
- ☐ Catches colds frequently
- ☐ Has difficulty finishing homework or finishing a conversation

The highest number of check marks show which side of the brain is weaker.

Total Number (A) _____ Right side

Total Number (B) _____ Left side

Child Neurotransmitter & Nutrition Questionnaire (CNNQ)

Please circle the appropriate number “0 - 3” on all questions below. **0 as the least/never to 3 as the most/always.**

SECTION: GENERAL

Does your child have any food sensitivities or allergies? (please list)

List your child's 4 healthiest foods eaten regularly.

_____, _____,

_____, _____

List your child's 4 unhealthiest foods eaten regularly.

_____, _____,

_____, _____

How many times a week does your child eat candy? _____

How many times a week does your child drink soda pop? _____

List the top 4 foods your child craves regularly.

_____, _____,

_____, _____

List the medication(s) your child is currently prescribed and over the counter.

Do you find it difficult as a parent to have your child on a special diet?

SECTION: A (K52, K60)

Does your child eat pasta, breads, and breaded foods? **0 1 2 3**

Does your child have symptoms (fatigue, hyperactivity, etc.)

after eating foods containing wheat/gluten? **0 1 2 3**

Does your child consume dairy products? **0 1 2 3**

Does your child have symptoms (fatigue, hyperactivity, etc.)

after consuming dairy products? **0 1 2 3**

SECTION: B (K54)

Does your child eat fried fish? **0 1 2 3**

Does your child eat roasted nuts or seeds? **0 1 2 3**

Is your child **missing** essential fatty acid-rich foods in

his/her diet? (for example: avocados, flax seeds, olives) **0 1 2 3**

(circle “0” if present, “3” if missing)

Does your child eat fried foods? **0 1 2 3**

SECTION: C (K34)

Is your child's mental speed slow? **0 1 2 3**

Does your child have difficulty with learning or memory? **0 1 2 3**

Does your child have difficulty with balance and coordination? **0 1 2 3**

SECTION: D (K16)

Does your child have stress? **0 1 2 3**

Does your child **not** have enough sleep and rest? **0 1 2 3**

(circle “3” if not enough)

Does your child **not** have regular exercise? **0 1 2 3**

(circle “3” if no exercise)

Does your child feel overly worried and scared? **0 1 2 3**

SECTION: E (K16, K51)

Does your child have temper tantrums? **0 1 2 3**

Does your child exhibit wild behavior? **0 1 2 3**

Does your child frequently yell or scream for unnecessary reasons? **0 1 2 3**

Does your child have an **inability** to nap or sleep when physically exhausted? (circle “3” if unable) **0 1 2 3**

Is your child overly talkative? **0 1 2 3**

Does your child fidget and squirm when seated? **0 1 2 3**

Does your child run and climb excessively when it is inappropriate? **0 1 2 3**

Does your child have difficulty playing quietly or engaging in leisure activities? **0 1 2 3**

SECTION: F (K51)

Does your child get excited easily? **0 1 2 3**

Does your child have anxiousness and panic for minor reasons? **0 1 2 3**

Does your child feel overwhelmed for minor reasons? **0 1 2 3**

Does your child find it difficult to relax when he/she is awake? **0 1 2 3**

Does your child have disorganized attention? **0 1 2 3**

SECTION: G (K50)

Does your child seem depressed? **0 1 2 3**

Does your child have mood changes with overcast weather? **0 1 2 3**

Does your child have symptoms of inner rage? **0 1 2 3**

Does your child seem uninterested in games or hobbies? **0 1 2 3**

Does your child have difficulty falling into deep restful sleep? **0 1 2 3**

Does your child seem uninterested in friendships? **0 1 2 3**

Does your child have symptoms of unprovoked anger? **0 1 2 3**

Does your child seem uninterested in eating? **0 1 2 3**

SECTION: H (K49)

Does your child have difficulty handling stress? **0 1 2 3**

Does your child have anger and aggression while being challenged? **0 1 2 3**

Does your child feel tired even after long sleeps? **0 1 2 3**

Does your child tend to isolate from others? **0 1 2 3**

Does your child get distracted easily? **0 1 2 3**

Does your child have constant need and desire for candy and sugar? **0 1 2 3**

Does your child have disorganized attention? **0 1 2 3**

SECTION: I (K48)

Does your child have difficulty with visual memory? **0 1 2 3**

Does your child have difficulty remembering locations? **0 1 2 3**

Does your child have fatigue or low endurance for learning activities? **0 1 2 3**

Does your child have difficulty with attention or low attention span or endurance? **0 1 2 3**

Does your child have slow or difficult speech? **0 1 2 3**

Does your child have uncoordinated or slow movement? **0 1 2 3**

Symptom groups listed in this flyer are not intended to be used as a diagnosis of any disease condition.

For nutritional purposes only.

****IMPORTANT****

PLEASE READ THIS PAGE CAREFULLY

In order for your child to get better as fast as possible, we need the help of ALL persons significantly involved in your child's support system. Spouses, friends, and family members all play a crucial role in your child's treatment and the results that they achieve. In short, it is extremely important that all of your child's support systems are "on the same page".

Therefore, we require that all persons directly involved with your child's support system watch the online condition specific video or the DVD sent to you and then sign this affidavit. This form must be returned with the Client Application and Case Review forms before Dr. Karl R.O.S. Johnson, DC can examine your child.

AFFIDAVIT

I (each) the undersigned individual certifies that:

- I understand that Dr. Johnson's methods and care are unique.
- I understand that Dr. Johnson does not accept every person into his care program.

Print Name

Signature

Print Name

Signature

Print Name

Signature

Print Name

Signature

Print Name

Signature

Thank you for taking the time to make sure your child gets the best results possible in the fastest amount of time.

Please return this paper with your Client Application forms.